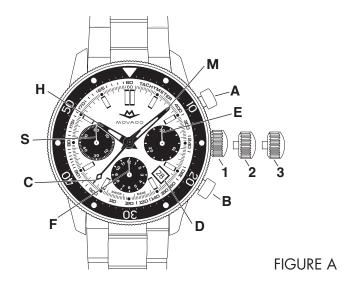
4 AUTOMATIC CHRONOGRAPH 1/4 OF A SECOND – TYPE A

Includes Heritage Super Sub Sea Models



LEGEND:

H - Hour hand

M - Minute hand

S - Seconds hand

C - Chronograph 60-seconds counter

E - Chronograph 30-minutes counter

F - Chronograph 12-hours counter

D - Date window

1, 2, 3 - Crown positions

A - Chronograph push-button (start/stop)

B - Chronograph push-button (split-time/reset)

Crown positions:

Position 1 – Normal running position. Crown pushed into case.

Position 2 – To set DATE: Rotate crown counterclockwise.

Position 3 – Rotate crown in either direction.

This chronograph model features a minute counter (up to 30 minutes), hour counter, and small seconds subdial; center-mounted 1/4 of a second chronograph hand; and date window detailing. They can be used to time an event up to 12 hours in duration to the nearest 1/4 of a second.

NOTE: If your watch has a screw-down crown, before you can set the date (Day/Date), time or manual winding, you must first unlock the crown by turning it counterclockwise approximately six rotations. After time/date (Day/Date) setting, the crown must be screwed back down into the case to ensure water resistance.

To manually wind an automatic movement:

The motion of your arm during normal daily activities should be sufficient to keep the movement of your Movado automatic timepiece wound. However, if you have not worn your watch for 62 hours or more, and the watch has stopped, you will need to wind it by hand before setting the time:

- 1. With the crown in position 1, turn the crown clockwise approximately 20 revolutions.
- 2. Reset time following instructions above.

Automatic watches do not contain batteries. They are charged by the movement of your wrist. If the watch is not worn it will stop running in about 62 hours. To get it started, turn the crown clockwise about 20-30 times until second hand starts moving. You will most likely need to reset the time and date.

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TIME/DATE SETTING

To set the time:

- 1. Unlock screw-down crown on models with this feature. See "Screw-down Crown" for instructions.
- 2. Pull crown out to position 3; watch stops.
- 3. Turn crown in either direction until hands indicate desired time.
- 4. Push crown back in to position 1; watch restarts.
- 5. Screw crown back into case on models with screw-down crown

To adjust the time to the exact second:

- Unlock screw-down crown on models with this feature
- 2. As soon as small seconds hand **S** reaches <<60>> position, pull crown out to position 3; watch stops.
- 3. Turn crown to move hands and set time, making sure date changes at midnight, not noon.
- 4. Move hands slightly ahead of exact time, then slowly turn crown counterclockwise to align minute hand with correct minute marker.
- 5. Take an accurate time signal (from a radio news station, for example). When audible tone signals exact time, immediately push crown back in to position 1; watch restarts, now set to the exact time.
- 6. Screw crown back down into case on models with screw-down crown.

To correct the date (quick mode):

- 1. Pull unlocked crown out to position 2; watch continues to run.
- Turn crown counter-clockwise until correct date appears in window D.
- 3. Push crown back in to position 1 and screw back down into case.

NOTE: If a date is adjusted between 9:00PM and 12:00AM when automatic date changes are already in progress, it should be set to the following day: The date will not automatically advance at midnight if it has been corrected via quick mode during these hours.

OPERATING THE CHRONOGRAPH:

Overview:

Use buttons A and B to operate the chronograph.

Pressing button A the first time will start the chronograph.

Pressing A a second time will stop the chronograph,
allowing elapsed time to be read. Pressing button A a
third time will restart the chronograph. Pressing button B
will reset chronograph hands C, E and F to zero.

Simple chronograph functions:

To measure the duration of a single, non-stop event:

- 1. Press button A to start chronograph.
- 2. Press button A a second time to stop chronograph and read the 3 chronograph hands to determine elapsed time, for example: 2 hours, 4 minutes, 38 seconds, 3/4 of-a-second.
- 3. Press button **B** to reset chronograph hands to zero.